



SHOW ME ALLIANCE Connect

The Newsletter of the Missouri State Medical Association Alliance | www.msma.org/alliance | August 2022

Connect with Your Alliance Friends and Colleagues!

by Sana Saleh | MSMA Alliance President

Welcome to the inaugural edition of the *Show Me Alliance Connect*! We hope you enjoy the articles in this newsletter as it shows how we all connect and care for the medical family and our communities. The published *Connect* will be printed twice annually to highlight our projects. Watch for an emailed *Show Me Alliance eConnect* arriving monthly from MSMA headquarters to your inboxes. The emailed *eConnect* will include timely local, state, and national news including events, programs, conferences, and in-depth Alliance/medical family articles and links. We are excited about this new way of communicating.

The MSMA Alliance Membership Committee is reaching out to lapsed members so that you can join directly to the state Alliance if there is no organized Alliance in your area. Visit www.msma.org/Alliance-Membership for more details. We have developed rack cards and posters to use at your meetings and events. They can be downloaded and printed at home or at a local quick printer.

Inside you will experience our April Annual Meeting held in St. Louis, the first in-person meeting in two years. It was filled with dynamic speakers and recognition of how the Alliance brings its members closer together.



Barbara Hover's presentation to the MSMA House of Delegates highlighted the Alliance's accomplishments. Learn the four things that connect all of us in my Missouri Alliance installation speech. The AMA Alliance celebrated 100 years during the Centennial Celebration, and several of us attended this momentous event in June in Chicago. Donna Corrado, your Alliance President-Elect, covered the meeting and shares some photos inside.

Read about the local Alliances' activities and how they persevered throughout the pandemic, such as the Stop the Bleed program. As I have been traveling across the state, I have installed the St. Louis and Kansas City officers, and attended a dinner/lecture in June at the Buchanan County Medical Society and Alliance.

Most exciting now—our Fall Conference is right around the corner on October 6-7 on the campus of the Kansas City University, with the host hotel being the Hampton Inn and Suites on the Country Club Plaza. Guest speakers will address human trafficking and drugs in America. More information and registration is on the website at www.msma.org/Alliance-Fall-Conference. We hope to see you there!

Annual Meeting is Powerhouse of Programs and Praise

by Donna Corrado | Alliance President Elect



Incoming Alliance President Sana Saleh (left) presents the Past President's plaque to Barbara Hover.

Although condensed to a much shorter time frame the MSMA Alliance Annual Meeting, held April 1-2, 2022, at the St. Louis Renaissance Airport Hotel, was filled to overflowing. Following an executive board meeting, the Alliance Past President's reception merged into a collegial group of friends which included the AMA Alliance President, Heather Rifkin.

The Alliance sponsored a fabulous Cabi Fashion Boutique to raise money for the Missouri State Medical Foundation, where we were shown how to pair and wear the outfits. Dr. Alex and Barbara Hover, 2021-2022 Alliance and MSMA Presidents, were surprised with a 50th wedding anniversary treat after the show. On Saturday, Barbara Hover addressed the MSMA House of Delegates and reported on our past year's activities and accomplishments and distributed a Doctors' Day celebration chocolate treat.

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Annual Meeting Wrap, continued

Sue Ann Greco received a resolution highlighting her dedication and years of service from Dr. Hover acknowledging Missouri's pride in her outstanding performance of her duties as President of the AMA Alliance (2020-2021). Sue Ann and Barbara were dynamic leaders despite an incredible year of adaptation and ZOOM!

When the gavel dropped at 9:02 a.m. to begin our business meeting in earnest, attendees were welcomed by Angela Zylka, co-president of the St. Louis Metropolitan Medical Society Alliance. Sandra Murdock led in the Pledges of Allegiance and Loyalty to the MSMA and AMA Alliances. Adopting the agenda and the proposed budget, we were reminded to be prompt in our submission of bills for reimbursement, and thus the report was filed. Annual reports were handed out.

Immediate Past President Diana Corzine, chair of the Nominating Committee, presented the slate of officers for 2022-2023 and thanked her committee members. The slate was elected by acclamation.

The Alliance appointed the 2022-2023 Governance Committee which includes Jana Wolfe (Greene), Sandra Murdock (St. Louis), Kirk Doan (KC), and Allene Wright (Buchanan). Kathy Weigand (Buchanan) will be the alternate.

The Bylaws Committee presented its report and it was adopted to change the general eligibility section to read: "To be eligible for nomination as secretary or treasurer, a member shall be a member in good standing." Another section included amending the section under regular meetings: "The Board of Directors shall meet in person or virtually no less than once a year."

Award Presentations

Top photo, L to R: Angela Zylka received the Jean Wankum Spirit of the Alliance Award; Thomas Greco, MD; Sue Ann Greco received the Sandra Mitchell Member of the Year Award.

Middle photo, L to R: Barbara Hover, Lizabeth Fleenor, and Mary Shuman. Lizabeth received an award commemorating her 22 years of service with the Alliance and 20 years as Missouri Medicine Managing Editor.

Bottom photo: Alliance members had fun at the Cabi Fashion Boutique fundraising for the MSM Foundation.



Barbara and Alex Hover, MD, both presidents of the Alliance and MSMA, celebrated their 50th wedding anniversary on Friday, April 1.



2022-23 Alliance leadership are, L to R: Kirk Doan - Legislation; Sue Ann Greco - Membership; Jana Wolfe - Membership; Gill Waltman - Recording Secretary; Kathy Weigand - Foundation; Heather Rifkin - AMA Alliance President; and Donna Corrado - President Elect.

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Annual Meeting Wrap, continued

Total collections for MMPAC from the Alliance were \$625 last year. The Missouri State Medical Foundation gave out scholarships to 10 medical students at eight medical schools (as we now include DO schools). Donation envelopes were placed on the tables at the Council dinner.

Jana Wolfe encouraged members to visit the AMA Alliance Centennial Store to shop for items (only available online) to support the Centennial Fund, in advance of the AMA Alliance 100th birthday to be celebrated at the upcoming Annual Meeting June 11-14 in Chicago.

The Spirit of the Alliance recognition luncheon attendees received salutations by Dr. Hover, and he praised our work and emphasized the partnership between the MSMA and the Alliance. After her greeting and review of her year as president of the AMA Alliance, Heather Rifkin invited us to the upcoming Annual Meeting of the AMA Alliance in Chicago, where the Centennial celebration will be enjoyed by all.

Sue Ann Greco received the Sandra Mitchell Member of the Year Award for her service in her St. Louis community, in the health care industry, as the AMA Alliance President and going above and beyond to bring Alliances together during the time of the pandemic.

Angela Zylka received the Jean Wankum Spirit of the Alliance Award for her involvement in fundraising and community events with Saint Louis University and Washington University. Her Hungry Heroes program was grant-supported and members delivered treat bags to Missouri Baptist and St. Mary's hospitals in St. Louis.

Barbara Hover presented awards to Millie Bever and Angela Zylka for their 28th year of being the liaisons to the medical schools. They organize the Match Day Pizza Parties, a program introducing the Medical Alliance to the medical school graduates and their families, and celebrating the upcoming move to the residency of their chosen specialty. For the next academic year they are adding the DO schools to their line-up.

Barbara Hover also presented an award to Allene Wright for recognition of her decades of dedication and expertise given to MSMA programs and members.

Lizabeth Fleenor, MSMA Liaison, received recognition from Barbara Hover and Mary Shuman for her 20 years with *Missouri Medicine* and 22 years with the Alliance.

Barbara Hover presented Angela Zylka with a certificate for her mother, Angela Roepke, on the occasion of her 100th birthday. Mrs. Roepke has been a longtime supporter of the St. Louis



Alliance members get a demonstration on Advancements in the Field for the Blind and Visually Impaired which was presented by Laura Park-Leach, President of the St. Louis Society for the Blind and Visually Impaired.



Safe Sleep for Infants a presentation by Lori Winkler, RN, gave the Alliance a complete overview (as grandparents, new and old) on how our babies should sleep on their backs, with nothing in the crib but the baby, and other safety tips. Standing with Lisa are Sue Ann Greco and Barbara Hover.



Angela Zylka (center) was presented with a certificate for her mother, Angela Roepke, on the occasion of her 100th birthday. Mrs. Roepke has been a longtime supporter of the St. Louis Metropolitan and MSMA Alliances, as a Friends and Family member. With her are Allene Wright and Anne Turnbaugh.

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MSMA Alliance Past President's Reception: Back row L to R: Sandra Murdock, Kathy Weigand, Donna Corrado, Diana Corzine, Allene Wright, Mary Shuman, Gill Waltman, Jana Wolfe, and Anne Turnbaugh. Seated L to R: Sue Ann Greco, Heather Rifkin (AMA Alliance); Barbara Hover, and Sana Saleh.

Annual Meeting Wrap, continued

Metropolitan and MSMA Alliances, a Friends and Family member, and is well loved for her beautiful jewelry creations often sold at our meetings to benefit the Alliance.

Diana Corzine was awarded her past president's plaque and pin, as her 2020-2021 year was virtual due to the pandemic. Barbara Hover presented remarks about her year as president, when ZOOM was the order of the day and masking, isolation, vaccines, and boosters were common threads of every conversation. As her favorite charity, she named the Missouri State Medical Foundation to honor her year as president. She highlighted the projects of Greene County who had placed billboards thanking all the hometown heroes of doctors and nurses in Springfield, and St. Louis Metropolitan Medical Society Alliance Hungry Heroes program, which had provided treat bags to each of their local hospitals for the hospital personnel that were so busy working multiple shifts that they hardly had meal breaks.

Speakers and programs included a Stop the Bleed class and demonstration to learn and receive a certificate on how to aid in a trauma situation by William Kollmar from Barnes Jewish Hospital, St. Louis.

Advancements in the Field for the Blind and Visually Impaired which was presented by Laura Park-Leach, President of the St. Louis Society for the Blind and Visually Impaired. Their aim is to enhance independence, empower individuals, and enrich the lives of people who are blind or have low vision. They presented and exhibited numerous aids and appliances to help adapt and restore skills such as cooking, medication management, and safe travel in the home, the neighborhood, and beyond. Even some voice recognition and Artificial Intelligence applications for smart phones and computers were demonstrated.



Alliance members enjoyed the Presidential Reception. Standing L to R: Allene Wright, Jana Wolfe, and Anne Turnbaugh. Seated L to R: Sana Saleh and Heather Rifkin (AMA Alliance).

Safe Sleep for Infants, a presentation by Lori Winkler, Pediatric Injury Prevention Coordinator for SSM Health Care in St. Louis, who gave us a complete overview on how our babies should sleep on their backs, with nothing in the crib but the baby, and other safety tips.

Heather Rifkin retook the podium, installing the new officers using a comparison to growing trees and roots and gave each a journal to record their year of service and to cultivate the habit of journaling. Our new president, Sana Saleh, joined by her husband, (George Saleh, DO), addressed the group. Her biography in its entirety can be found at www.msma.org/Alliance.

The new board met briefly to exchange materials and dates and affirm phone numbers and addresses. Debriefing included a review of the shortened meeting times, and how we might manage them differently next year.

Thanks to all who organized and participated to make this the first in-person meeting in two years.

SMAC

Barbara Hover Really Means “Better Together”

by Barbara Hover | 2021-2022 Alliance President

I bring you greetings on behalf of the MSMA Alliance and a belated recognition of Doctors’ Day which was March 30. Doctors’ Day was established by the Southern Medical Association Alliance and adopted nationally as a day to recognize the incredible work of physicians and their contributions to their communities. MSMA Alliance thanks all the physicians here for your dedication and sacrifices. As you leave the House of Delegates this morning Alliance members will be at the doors to give you a small token of our appreciation.

The AMA Alliance was established 100 years ago in St. Louis. Our Alliance was honored to host the North Central Region Alliance meeting last fall. There we recreated the birth of the AMA Alliance at the Missouri Botanical Garden and honored those Alliance volunteers who have gone before us. We had attendees from all over the country. The AMA Alliance is the largest organization representing the physician family. We are honored to have Heather Rifkin the current AMA Alliance president with us this morning.

Missouri Alliance continues to lead with fresh ideas and tireless energy. We advocate for healthier communities in partnership with the MSMA and the AMA. COVID did not stop us. We just changed the way we did things.

St. Louis Metropolitan Medical Society Alliance developed the Hungry Heroes program to thank front line workers in the hospitals for their service.

Greene County Medical Alliance placed a billboard on the main thoroughfare between the major hospitals thanking their healthcare workers and encouraging safe practices and masking. Now that restrictions have been eased, they have resumed their programs directed at physician wellness with great success. All of these programs have won national recognition.

Kansas City Alliance continues with their program to clothe the needy children in port cities around the world and Buchanan County Alliance provides SAVE books to their local schools teaching of the dangers of bullying.

Our Missouri Alliance raised over \$4,700 this year for the MSMA Foundation with the holiday sharing card. This money provided scholarships for medical students. We are also accepting contributions during the Annual Meeting to be used for this purpose.

We have continued our Match Day participation for 28 years. This is an excellent way to get the name of MSMA and the Alliance before the new graduating physicians.

Each year we also participate in the MSMA White Coat Rally in Jefferson City. It was held March 1. These are but a few of our activities around the state.

I wish to thank all of the Alliance leaders I have had the privilege of working with this past year and to the MSMA for allowing us to support your endeavors.

It has been an honor to serve as Alliance president and to work closely with the MSMA president. My theme this year was *Better Together*.

Better Together was really intended to encompass the spectrum of local alliances to the state and national Alliance, but it also applied to both the MSMA and MSMAA presidencies as well. Alex and I traveled together to the in-person meetings that were held. We were able to speak about both MSMA and MSMA Alliance programs. The combination did work well when we had the opportunity.

When local Medical Societies and Alliances work together with the state and national organizations so much more can be accomplished. Indeed, *We Truly Are Better Together!* Thank you.



Better Together and Moving Forward Together as We Celebrate 100 Years

by Sana Saleh | MSMA Alliance President



I am honored to be here today amongst distinguished guests and Alliance friends. It is good to be here in person since our last gathering in 2019.

When I came to live in Kansas City, I had left my international job

with the United Nations Children's Fund UNICEF, and I began to acquaint myself with new volunteer opportunities in the area. In 1996 with three children, two under the age of two and a 12-year-old stepson, I was invited to an Alliance member's home for a meeting who offered childcare. And thus began my journey with the local, state, and national group that represented a grassroots and community public health organization where I could use my skills and give back to my community.

Since joining the Alliance I have been involved in many capacities on both local and state levels. So today I am going to address four things: our connectedness as a group, our legacy, our challenges, and how we move forward.

First as physician spouses, we are connected by our shared history, achievement, and the commitment to serve our local communities to improve their health and raise their public health awareness.

We are connected because we understand what it is like to live in a physician family. The long hours, the call schedules, our physician spouse missing out on family and children's activities, and so on. The AMA Alliance puts it simply: We get it!

As MSMA Alliance members, we occupy a significant presence at the national level from leadership positions to presidential appointments. We are proud of all those who have served before us.

We are connected, because we developed and grew over the years together and have formed deep and long-lasting friendships. I have personally learned something from each

of you about the Alliance and how to run things from a different perspective. We have witnessed many milestones that we have gone through and journeyed together and still do.

As we near our Centennial Celebration at the Annual Meeting this June in Chicago we are proud that St. Louis, Missouri, is the birthplace of the Woman's Auxiliary to the AMA established in 1922 and which continues to have an impact to this day.

So much has occurred in the past 100 years. The Alliance has witnessed wars, pandemics, and advances in science. In medicine alone it witnessed mega strides in curing infectious disease with antibiotics and vaccines that prevent childhood diseases.

And yet, we continue to be faced with new diseases that attack the human body as we have seen with COVID and ebola, and we will continue to see new viruses and bacteria evolve and emerge such as the recent monkeypox virus.

Curing disease with new drugs has advanced on many levels and continues with leaps and bounds. The development of oxycontin and opioids was a breakthrough in the treatment for pain in the early 90s. However, the miracle pill caused patients to become dependent, seeking higher doses, and thus becoming addicted. An opioid crisis had begun in America.

According to a CDC report in November 2021 we lose nearly 100,000 Americans annually to drug overdose—95,000 of them to opioids. The opioid crisis is more dangerous today than ever because one out of four of the pills purchased on the street is laced with fentanyl that can cause an overdose and easily kill.

The mission of the AMA's Task force on Opioid Awareness is to educate the vulnerable and young populations early. It is vital before it taxes their body, and consequently their life, and preventing a spiraling downward effect to addiction, constant rehabilitation, imprisonment, problems with the legal system, a low quality of life, and increasing the burden on the mental, legal, and health systems—a domino effect.

On a macro level, drug traffickers are savvy and have moved with the times like any other business using supply chain and distribution methods, tapping into new consumer markets. For example, they piggyback their smaller pills that can be packed in large shipping containers to sell more. They use drones, the internet, and drug submarines as new delivery methods.

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Compounding the issue, is that where there are drug passageways, there often is human and sex trafficking exploitation.

Today we are seeing common threads of scenes from 100 years ago, the Spanish flu, the end of WWI, and yet here we are watching the tragedies of human plight across the world running the gamut from famine, displacement, poverty due to economic disparities, injustice, and war.

Secondly, the recent pandemic entering its third year has taxed the medical system on all levels, locally, nationally, and globally. We have all been touched by it whether be it contracting the disease, losing someone to it, or knowing someone who suffered from its consequences.

The ramifications of it will remain with us. It is not over yet completely, including its effects on mental health, the global economy, rising drug and alcohol abuse, suicide, homelessness, and the spiraling effect on vulnerable and marginalized populations in society.

As we all journey into the future, we are still faced with challenges within our organization such as membership increase, retention, and sustainability as all non-profits.

Alliance Friends: We have survived for 100 years! And still do!

However, we are at a crossroads. We need to ask the tough questions of how to move forward in sustaining our programs. We are the keepers of this legacy and the institutional memory. We carry the burden in passing it on so it will not be forgotten.

Many of us are serving in office positions repeatedly each year. How do we continue and keep this wonderful organization alive and preserve all that has been built since its inception?

For those of you who attended the North Central Region Meeting in St. Louis last October and listened to Dr. Barbe's address to the Alliance. I was inspired by his approach. He advised us to build new partnerships and strengthen those that exist already. If membership numbers will not work for us, let us ally ourselves with



more organizations, such as schools, medical institutions, hospitals, or private businesses who can support us with our mandate and provide the human manpower to aid us. One example is the national PTA with the AMA Alliance, utilizing the staff from Jewish Barnes hospital for Stop the Bleed program training in St. Louis and asking for the U.S. military to assist us financially to subsidize the cost of the pizza Match Day parties for medical students across Missouri.

I say let us move forward together and with new partners into a new era of healing and unity despite our challenges, but with a hope to maintain and preserve our legacy for years to come.

I challenge each of you to bring new partners to the table who are willing to help us sustain our work and survival.

I would like to share an anecdote from a late member of the Alliance, June Barrelli, who passed away a few years ago, but would share with us her experiences, when she

accompanied her husband, Pat Barrelli, MD, after WWII to Nuremberg, Germany, who had been assigned as a medical examiner. She would describe to us the horror and scarcity of food and supplies and the destitution that existed right after the war.

Now that Heather [Rifkin - AMA Alliance President and who installed the MSMA Alliance officers] has gifted each of you a notebook, I encourage you to write down just as June did, jotting down thoughts that recite your spouse's experience especially during these past years so that we can one day say this is what the medical families went through especially during a pandemic.

Thank you for the opportunity to lead and work with you as one team in the next year.

Read about Sana and how she got started as a physician spouse and involved in the Alliance on our website at www.msma.org/Alliance.

SMAC

Voices of the Alliance

by Mary Shuman | Alliance President 2005-2006
Revised August 1, 2022

Today I can choose, [Sandy Mitchell 1987-1988]
To seize the day, [Betty Huffaker 1993-1994]
And dare to risk, [Joan H'Doubler 1996-1997]
Blazing a trail, [Rhonda Wade 2001-2002]
To soar beyond the clouds! [Judy Corry 1998-1999]
Life is an adventure! [Allene Wright 2011-2012]
Go ahead and try! [Ina Mae Fakhoury 1980-1981]

Now is the time: Make healthy choices! [Beverly Murrell 1999-2000]
We are buzzing with new ideas, [Eileen Chalk 2000-2001]
And we are networking—today's communication! [Carol Jean DeFeo 2002-2003]
We create single parent scholarships when we're 93 years old! [Pat Reid 1969-1970]
At times it may be lights, camera—and action, to ward off apathy. [Jackie Remis 2009-2010]
Helping Auxilians to succeed. [Chris Bohigian 1985-1986]
Today's Alliance—the power to make a difference, [Barbara Hover 2013-2014]
So, go fore it! [Marge Perkins 1992-1993]

Show me hospitality! [Millie Bever 2007-2008]
Reach out and touch a friend, a neighbor, a home, a stranger. [Jackie Sanders 1983-1984]
Offer a pineapple—a symbol of welcome, good cheer, humor, and warmth. [Eileen Dyer 1988-1989]
The used key is always brighter, [Mary Kay McPhee 1975-1976]
And involvement is the key. [Gayle Vilmer 1986-1987]
It's the privilege of doing [Janet Campbell 1978-1979]
With a natural touch [Lori Jones 2003-2004]
Because we're all in this together, we are birds of a feather. [Donna Corrado 2006-2007]

We are partners in caring. [Becky Moore 1997-1998]
So bloom where you're planted and share the bouquet. [Patty Barbee 1989-1990]
Jewels of Nature: Don't let weeds grow around your dreams. [Sandra Murdock 2012-2013]
A Lili will always be cherished. [Mary Shuman 2005-2006]
We are growing Missouri's Alliance. [Jana Wolfe 2016-2017]
Wherever you choose to go, go there with all your heart. [Michele Kennett 2008-2009]
We cannot hold a torch to light another's path without brightening our own. [AnneTurnbaugh 2004-05]
Ideals are like stars. You will not succeed in touching them with your hand. You choose them as your guide.
Following them, you will reach your destiny. [Pat Stelmach 1977-1978]
You are a shining star! [Kathy Weigand 2014-2015]
You are the HEART of the Alliance! [Marsha Conant 2017-2018]

To everything there is a season, and a time to every purpose under the heaven. [Jean Wankum 1994-1995]
Take note! We shall never pass this way again, therefore, do it now. [Nona Chapman 1995-1996]
Let your voice be heard! [Julie Gipson 2010-2011]
Let's harmonize! [Polly Bowles 1984-1985]
Yesterday is but a dream, and tomorrow is only a vision. Today well-lived makes yesterday a dream of happiness and every tomorrow a vision of hope. [Lillian Gaston 1982-1983]
Keep an eye on the future. [Sue Ann Greco 2015-2016]
Look on the bright side and look through rose colored glasses. [Gill Waltman 2018-2020]
Have fun ...eat, drink & be merry for tomorrow, [Diana Corzine 2020-2021]
We are better together; [Barbara Hover 2021-2022]
Together, we face the future. Together, we are the future. [Carol Sparkman 1990-1991]
The Alliance preserving a hundred-year legacy 1922-2022: moving forward together. [Sana Saleh 2022-2023]

SMAC



In Memoriam

Joan M. H'Doubler, RN, BSN 1996-1997 Alliance President

Joan Marjorie H'Doubler, RN, BSN, passed away on Sunday, August 21, 2022, with her family by her side. The daughter of Edna and Joseph Heyne, Joan was born in West Indianapolis, Indiana, on May 8, 1931. Graduating from Marquette Catholic High School in Michigan City, Indiana, Joan moved to South Bend where she graduated from the Holy Cross School of Nursing.

She moved to Milwaukee, Philadelphia, and South Bend, before landing in Springfield, where she received her BS in Nursing at Drury College. In 1977, she worked at Cox Medical Center North as head nurse of the surgical unit. Joan's involvement in the Medical Alliance began shortly after her marriage to a native Ozark son, Charles E. H'Doubler, MD, general surgeon.

Joan served the Alliance for more than 36 years, serving as President of the Greene County Medical Society Alliance from 1996-1997. Joan received two prestigious MSMA Alliance state awards: the Jean E. Duensing Literary Award for her outstanding contributions for the Greene County Medical Society Alliance and for her work on the "Windows Across Missouri" cookbook. She also served as the Southern Medical Association Auxiliary Health Counselor for two terms.

Following her state Alliance presidency in 1997, Joan continued to serve in leadership positions in the Alliance and also on the Board of the Missouri Chapter of the National Committee to Prevent Child Abuse. She also fundraised for the American Red Cross.

Joan enjoyed reading, gardening, and golf. She floated Missouri's rivers and angled for fish. She loved getting together with her Alliance friends from near and far for meetings, dinners, and laughter.

Joan was preceded in death by her husband, Charles H'Doubler, MD, her son Gregory Steele, and her sister Lorraine Olso. She is survived by her children Wendy and Kevin Steele, both of Springfield, granddaughters Stephanie Steele of Springfield, Ashley Steele of Broken Arrow, Oklahoma, and great-granddaughter Laila Oumlil of Springfield, a brother James Heyne of Michigan City, Indiana, nieces and nephews, and many dear friends.

A funeral Mass was held on September 7, 2022, at the Immaculate Conception Church in Springfield. In lieu of flowers, she had asked that any memorial contributions may be made to the Humane Society or a no-kill animal shelter of your choice.



Sue Ann Greco Receives Honorary Resolution as AMA Alliance President

Thank you Dr. Hover, and also thank you to Dr. Page, our esteemed Speaker, Mr. Jeffrey Howell, and to all the MSMA officers, counselors, vice counselors and delegates here today. I am happy to have this opportunity to thank the Missouri State Medical Association and the Missouri State Medical Association Alliance for all the support you gave to me during my tenure as AMA Alliance president. It was wonderful knowing I had my own cheering squad behind me.

As everyone who served in the position of leadership of a membership organization during the pandemic understands, it was a challenging time, and it continues to be.

We had two very important goals during my year: keep our membership engaged and keep them informed about COVID. Being the spouses of physicians put us in a unique position because there was no guarantee they would be safe from getting COVID.

While many of our millennial children worked from home behind a computer, our spouses were on the front line every day. Let me say that I found a new appreciation for physicians and everyone who works in the healthcare field last year. You are all my heroes.

We kept our members engaged and informed by offering monthly All Member ZOOM calls. We offered topics that were current such as How to Cope with Homeschooling Your Children and the Emotional Aftermath of COVID.

The AMA was wonderful in collaborating with us by allowing both staff and leaders be our guest speakers. One of the ways we tried to keep our members engaged at the local level was by offering ideas for small projects that could be done while social distancing.

A huge shout out to my local Alliance, the St. Louis Metropolitan Medical Society Alliance, who fed our Hungry Heroes at three local hospitals by filling 250 treat bags for each hospital and giving them to front line workers.

I want to give another shout out to the members of the Missouri State Medical Association Alliance who served with me at the national level: especially Barbara Hover who served on the Board of Directors, and Jana Wolfe who served as our Social Media Coordinator. Jana helped promote many of our campaigns, especially carrying through the MaskUp initiative and the How Right Now campaign sponsored by the CDC foundation.

How wonderful it was yesterday to walk into this building and see so many familiar faces. This is truly my family of medicine, right here with all of you. Thank you again.



Sue Ann Greco receives an MSMA Honorary Resolution from Dr. Hover for her service as the AMA Alliance President in 2020-2021. The MSMA Alliance has had six national Alliance presidents in the history of the AMA Alliance. See names and dates of service below.



Mrs. George H. Hoxie
1929-1930
Jackson County, Missouri



Anna McGlothian
1931-1932
Buchanan County, Missouri



Betty Sutter
1965-1966
St. Louis, Missouri



Mary Kay McPhee
1985-1986
Clay County, Missouri



Sandra G. Mitchell
1996-1997
Kansas City, Missouri



AMA Alliance Celebrates a Century of Supporting Medical Families, Healing Local Communities, and Advocating for Better Healthcare

by Donna Corrado | Alliance President Elect

The AMA Alliance Centennial Celebration in Chicago was in person and incredible! Thanks to Sue Ann Greco and her vision and fundraising abilities, June 12, 2022, was an amazing reminder of our first one hundred years, and how we have ushered in the next hundred years!

Gold bows on the chairs, gold covers on the programs, gold chargers under the plates, champagne, and even a golden chocolate bar were the window dressing for an exquisite evening of celebration.

Flanked by banners of pictures of the first 100 years, and flourishes of flowers to walk under, luxurious smells from the tables of bouquets, the guests were welcomed by Heather Rifkin, PharmD, AMA Alliance President. The Invocation by Dave Street reminded us of where our strength lies, and as we settled into our chairs, Gerald Harmon, MD, AMA President, praised our past and encouraged our future as partners in the good health of our nation.

Heather Smith, MD, recounted all the years of our support for the AMA Foundation, and the money well spent on projects, programs, and students of medicine. At the end of our sumptuous meal, we mixed and mingled and took pictures with our friends. A truly glorious evening, well documented, one for the history books!

The 100th Annual Meeting of the AMA Alliance with the Heather Rifkin addressing the House of Delegates of the American Medical Association on the day before, expounding on our previous year's good deeds, and the plans that are ongoing, followed by numerous committee and board meetings.

We began in earnest with a dynamic breakfast and speaker. Kim Becking, a best-selling author and life change expert, taught us how to Build a Momentum Mindset and be more adaptable and resilient. Best of all she was from Hallsville, Missouri. Hopefully, the MSMA Alliance can book her for one of our meetings.

Next was a membership and a panel discussion facilitated by Kentucky Rep. Kim Moser. Participants ranged from county and states to members-at-large, and was full of ideas and very productive. One that comes to mind was the project bank, with reports of annual projects that have been completed, to give groups ideas and plans to use. At the lunch and business meeting, we previewed the proposed slate of officers and directors for the upcoming year. Sue Ann Greco introduced the Bylaws Committee



MSMA Alliance representatives to the AMA Alliance Centennial Celebration included, L to R: Gill Waltman, Angela Zylka, Sana Saleh, Barbara Hover, Jana Wolfe, Sue Ann Greco, and Donna Corrado.

and proposed changes to the by-laws. Julie Newman, chair and past AMA Alliance President, addressed us on the Alliance Health Education Initiative. She explained the five programs vying for the money this year, and how we could grow the grants. At last, we rested from our labors and hurried away to primp and prepare for the Centennial Celebration!

Monday morning's power breakfast speaker, our own Barbara Hover, chair of the AMA Alliance Awards committee, presented the awards. Angela Zylka, from St. Louis Metropolitan Medical Society Alliance and its Hungry Heroes program, received the Health Awareness Promotion award for Community Service. Greene County Medical Society Alliance Physician Family Night at the Zoo received an award for Physician Family Day/Doctors' Day.

Our second speaker of the day, Tara Brewer, Department of Homeland Security, challenged our cyber savvy to help us stay safe with ourselves and our information.

Nan Gesche, in organizational communications, helped us practice REAL conversations for REAL change. After voting and a lunch break, we reconvened to receive the results. One of which was our own Jana Wolfe becoming a member of the Nominating Committee. Danita Horne remembered our deceased members and offered the benediction.

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Angela Zylka, St. Louis Metropolitan Medical Society Alliance, (center) accepted the Health Awareness Promotion award for Community Service for the Hungry Heroes program. Heather Rifkin (left) and Barbara Hover (right), Awards Committee Chair, presented the award.



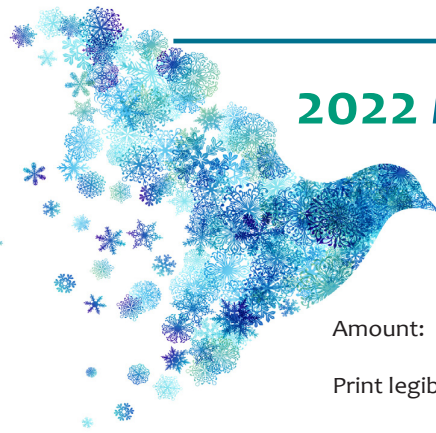
Left, Heather Rifkin, AMA Alliance President, and Barbara Hover, Awards Committee Chair, presented an award for Physician Family Day/Doctors' Day to Jana Wolfe (center) for the Greene County Medical Society Alliance Physician Family Night at the Zoo.

Tuesday opened with an installation breakfast, officiated by Dr. Harmon. He gave the Oath of Office to Jacqueline L. Nguyen, the first ever AMA Alliance president from Nevada. Flanked by her family, she outlined her plans for the year. The remaining officers were duly installed and pledged to do the utmost to support and assist one another, our physician spouses, and promote the health and well-being of our country as we venture forward into our second century.

Our final speaker was Doug Dvorak who spoke on change is inevitable—growth is possible. He is an advisory board member to Best Buddies International, Inc., which is dedicated to enhancing the lives of people with intellectual disabilities. His accolades include numerous national and international speaker's honors for motivational techniques.

For more history and photos on the AMA Alliance Centennial, visit www.amaalliance.org/centennial-celebration.

SMAC



2022 Missouri Alliance HOLIDAY Sharing Card Benefiting Future Physicians of Missouri

Please make your tax deductible contribution payable to the Missouri State Medical Foundation (MSMF) or scan the code below. All contributions fund scholarships for Missouri medical students attending the six schools of medicine in Missouri.

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Amount: \$ _____

Print legibly the name(s) as you wish them to be shown on the card:

This gift is in honor of (if applicable):



Scan the code or visit www.msma.org/donate. Follow directions for donating. Indicate/type in the Comment box "Holiday Sharing Card."

Deadline: November 18, 2022
Names will be listed in *Missouri Medicine* and in the mailed Holiday Sharing Card.
Return this page and your donation to:
Gill Waltman, 35 Frontenac Estates Drive, St. Louis, MO 63131.
For more information, email gillian.waltman@gmail.com.

Thank you! Our future generation of physicians will benefit from your generosity!



St. Louis Metro Alliance Installs New Officers

The St. Louis Metropolitan Medical Society Alliance installed its officers for 2022-2023 on May 17 at the home of Sue Ann Greco.

Congratulations to the new Co-Presidents Gill Waltman and Jo-Ellyn Ryall, Sue Ann Greco - VP Membership; Angela Zylka - VP Health; and Sandra Murdock - Treasurer. What a great group! Angela Zylka presented flowers to each officer and Sana Saleh gave everyone a ceramic dish from Jordan with Jordan Almonds.

Attendees enjoyed a lovely dinner catered from Brio, and Tom Greco, MD, was our host and sommelier. We thank Sue Ann and Tom for offering their home. We were also joined by Donna Corrado, Alliance President Elect, and Lori Winkler, coordinator and nurse who presented at our Annual Meeting on Infant Sleep Health. She distributed to



L to R: Sue Ann Greco, Angela Zylka, Jo-Ellyn Ryall, MD, Gill Waltman, Sandra Murdock, and Sana Saleh.

each of us a personal first aid kit that includes a tourniquet to keep in our car for emergencies.

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Stop the Bleed. Save a Life. Alliance Gets Grant to Train North Kansas City Hospital Staff

by North Kansas City Hospital & Sana Saleh, MSMA Alliance President

Would you know what to do in a bleeding emergency? North Kansas City Hospital (NKCH) will soon offer community-based Stop the Bleed (STB) courses to provide those answers. On July 21, Sana Saleh, President of the MSMA Alliance, presented \$500 to help fund the program. The contribution is on behalf of the Metro Medical Society Alliance of Kansas City as a health project grant from the AMA Alliance.

The American College of Surgeons started STB in 2016 to help more people survive bleeding emergencies—and to equip bystanders with the training to save them. Since then, more than two million people have received training, including NKCH staff.

The training teaches three steps to quickly control bleeding, which is the number one cause of preventable death after injury:

- Use your hands to apply wound pressure
- Pack the wound to control bleeding
- Apply a tourniquet

Sana wrote a grant to help fund course kits, which contain a tourniquet and other supplies.

For statewide use, the MSMA Alliance obtained a grant from AMA Alliance Health Education Initiative toward the cost of purchasing the demonstration kits so that the Alliance could reach out into the community



MSMA Alliance President Sana Saleh presented a \$500 check for the North Kansas City Hospital's Stop the Bleed program to train bystanders during bleeding emergencies. Staff involved in the initiative are from left: Community Health and Wellness Nurse Traci Manis, Community Health and Wellness Director Sandra Merritt, Sana, Interim Trauma Program Manager Clothilde Tilly Richard-Gard, and Injury Prevention and Community Outreach Coordinator Susan Christensen.

to provide public awareness of the program and either offer these courses ourselves or become facilitators putting interested groups in touch with existing approved courses.

The course to become certified is given to a group of individuals by qualified instructors in much the same way that CPR courses are given. Alliance members around the state now will have opportunities to become certified, and also schools, church groups, YMCAs, etc. If you are interested in getting trained or organizing a training session, contact Health VP Angela Zylka at angelazylka@gmail.com.


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Kansas City Metro Med Alliance Sew Pillowcase Dresses and Fun Dolls for Youth Saved from Trafficking

by Sana Saleh, MSMA Alliance President

The Metropolitan Medical Society Alliance of Kansas City met in June for its annual Past Presidents Luncheon at Kathie Hazuka's house and to finish the pillowcase dresses, which is their health project. The dresses, sewn from pretty and comfy pillowcases, will be sent to the YMCA to distribute to and dress young girls/women who are retrieved from human traffickers. This year, Lissa Young and Ranae Butler (right) managed to sew 50 dresses and received donated knitted dolls to accompany each dress from the Kansas City Northminster Presbyterian Church.

Sana Saleh installed the Metro Med KC Alliance Co-Chairs Millie Bever and Lissa Young, and Treasurer Kathy Hazuka (below) with the help of Donna Corrado, MSMA Alliance President Elect, and MSMA Alliance Health VP Angela Zylka.

A Kansas City Physician Family Day is being planned for physician staff and their families to be sponsored by the North Kansas City Hospital. 



Physician Family Day in Greene County

Greene County Medical Society Alliance hosted Physician Family Day celebration on Saturday, August 27 at the Dickerson Park Zoo in Springfield.

MSMA president George Hubbell and Alliance President Sana Saleh attended the event along with 335

members of physician families. We thank Ferrell Duncan Clinic and Mercy for their support of the Physician Family Day festivities which included zoo entrance fees, picnic-style meal, train ride, giraffe food and petting zoo feed, as they were available to physicians and their families at this private event.

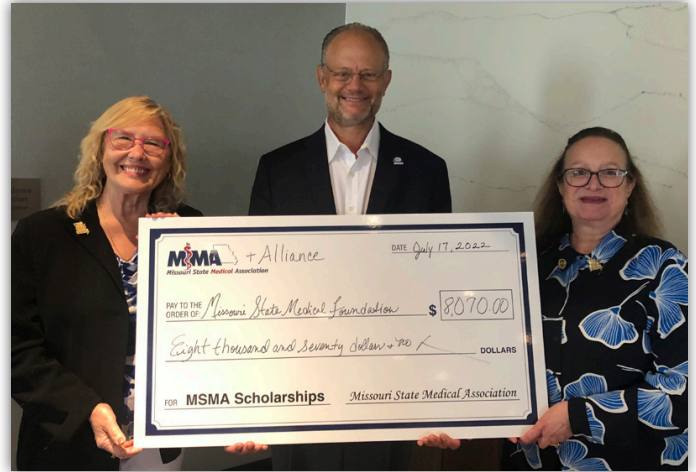


L to R: Drs. James Rogers, George Hubbell, Vu Le, Alex Hover, and Jim Blaine.





Buchanan County Medical Society Alliance at a summer dinner and scientific lecture, L to R: Diana Corzine, Kathy Weigand, Eileen Dyer, Karen Corder, Sana Saleh, Mary Shuman, and Peggy McDonald.



The MSMA Alliance presented a check to the MSM Foundation for \$8070, representing funds raised by the Alliance in the past year. L to R: Donna Corrado, Alliance President Elect; George Hubbell, MD, MSMA President; Sana Saleh, MSMA Alliance President.

2022 Match Day Celebrated Across the State

by Sana Saleh | Alliance President
& Donna Corrado | Alliance President Elect

MSMA Alliance added two medical schools to its roster of Match Day events to include the Kansas City University (KCU) on both campuses in Kansas City and Joplin.

The event took place at the new Simulation Center building, and it began with a concurrent (Kansas City/Joplin) virtual welcome by University President Marc Hahn, DO, and Provost and Executive Vice President, Edward O'Connor, PhD. Our Match Day Co-Chair, Millie Bever, addressed the students and was assisted by Alex Hover, MD, 2021-2022 MSMA President.

Medical students who matched were given a t-shirt where they could write where they matched. Each student introduced themselves and their residency.

In Kansas City (see photos, above right), MSMA Alliance was represented by L to R: Allene Wright, Sana Saleh, Cheryl Douglas, James DiRenna, DO, George Saleh, DO, flanked by two officers, SFC Joseph Kambeitz and SFC Garry Lim, from the Medical Military division who provided the pizza for the day and assisted in the event.

In Joplin, Millie Bever was accompanied by Melody Burns, Dr. Hover, and representatives from the U.S. Army.

We are grateful for the KSU staff and faculty who provided help and assistance in setting up and making our event a success. MSMA Alliance provided gifts to the drawing winners on both campuses.

On May 11, Joseph Corrado, MD, and spouse Donna,

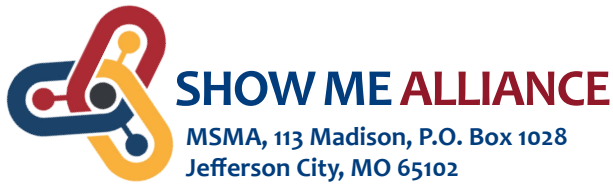


greeted the 2022 graduating class of the University of Missouri-Columbia School of Medicine at the Midway Golf and Games pizza party and shared the joy of making friends and an impact with MSMA and MSMA Alliance. While not held on Match Day, as requested by the class, the date was changed so the attendance was larger. After all, the idea was to meet as many families as possible, and we estimated 50-60 attendees.

We played games, gave gifts, shared a little advice with the graduates, as well as informational materials on state and national organized medicine opportunities. We stressed the importance of being involved on a higher level.

Pizzas were arranged by the Co-Chair Millie Bever and paid for by the MSMA Alliance. We will gladly be the hostess and host again. I recommend it for any and all of you! It was humbling to remember our own excitement and trepidation from that time.

SMAC



“The road to an Alliance meeting is never long.”

2023 ALLIANCE MEMBERSHIP RENEWAL



www.msma.org/Alliance-Membership

- medical family
- advocacy
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- education
- leadership
- networking
- representation
- renew for 2023 today!



2022 MSMA Alliance Fall Conference

Thursday, October 6
& Friday, October 7
Kansas City, Missouri

Conference Program: Butterworth Alumni Center KCU Campus
Conference Hotel: Hampton Inn & Suites, Country Club Plaza
www.msma.org/Alliance-Fall-Conference



Join your Alliance colleagues at the 2022 Fall Conference, Thursday, October 6 and Friday, October 7 in Kansas City on the Kansas City University campus.

Invitations are being extended to medical students, faculty, staff, and the MAOPS Auxiliary to increase working relationships with similar organizations. Our national Alliance president, Jacqueline Nguyen, will also be in attendance.

Program topics include the Current Status of Human Trafficking in the Kansas City Area and Missouri by Jennifer Vernon, MS, LPC, Clinical Director of Child, Youth, and Family Services at Synergy Services in Parkville, Mo. Daniel Neill,

Director of the Midwest High Intensity Drug Trafficking Area, in Kansas City, will speak on Drugs in America.

Tours of KCU's Medical Education Innovation Simulation Laboratory and the Kemper Museum of Contemporary Art are also part of the line up of activities, as well as a board meeting.

Conference hotel is the Hampton Inn and Suites on the Country Club Plaza.

Early bird registration ends on September 15, so make your hotel reservations and register now! Visit www.msma.org/Alliance-Fall-Conference for full program and registration form.